



Mission of the HKICNA: promulgating infection control best practice in health care organization and the community.

This newsletter is the official publication of HKICNA and published bi-annually in March and September. Members are entitled to a free subscription. It welcomes articles pertaining to prevention, surveillance and control of infections, and related complications in health care organization and community. Please visit <http://www.hkicna.org> to submit.

Specialist Advisors :		Contents		Page no
Professor CHUNG Wai-yee, Joanne	Peter TC Lee Chair Professor of Health Studies, The Hong Kong Institute of Education; Academic Director, Department of Nursing and Health Sciences, Tung Wah College	A Start of Hand Hygiene Dance in Hong Kong		1
Dr TO Wing-kin	Consultant Microbiologist, KWC; ICO, CMC & YCH	World Health Carnival 2012		6
Chief Editor : LAM Hung-suet, Conita	SNO, CICO office, HAHO	News and Information		8
Associate Editors : CHING Tai-yin, Patricia	Honorary Nurse Consultant, WHO Collaborating Center for Infection Control SNO, ICT, PYNEH	Our happy together : AGM 2012		9
YIP Kam-siu, Ida	SNO, ICT, PYNEH	Inauguration and Conferment Ceremony		15
Publication : LEUNG Fat-ying, Annie	Nurse Consultant, ICT , CMC	Chairman report 2012		16
		Website : http://www.hkicna.org	Correspondence :	
		E-mail : hkicna@hkicna.org	P.O. Box 89336	
		Fax : 3152 3944	Kowloon City Post Office, Kowloon, Hong Kong	
		Tel : 3152 3955 (Mon-Fri : 10am-Noon)		

HA library Link : visit "ha.home/ekg", go to "hkmedicineonline", select "journal", click "hkicnanewsletter" & you are there

A Start of Hand Hygiene Dance in Hong Kong

Background:

The annual global campaign SAVE LIVES: Clean Your Hands aims to advocate the need to improve and sustain hand hygiene practices of health-care workers. To continue to outline the importance of hand hygiene and take the opportunity of year 4 of the campaign, HKICNA has invited cubs and grasshoppers of the 229th Hong Kong Group of the Scout Association of Hong Kong aged at 6-12 to start our own Hand Hygiene Dance Music Video – HONG KONG version. This dance would be officially released at the opening ceremony of 5th HKICNA International Conference of Infection Control on 25th August 2012.





Kids and HKICNA council – Conita & Isadora



Kids and Music Producer, Jessica & Melody and Lyrics, Anna

Producing the Hand hygiene dance

Cub leader of the 229th Hong Kong Group of the Scout Association of Hong Kong shares the unforgettable and happy moments of the production below:

Although the 4-minute video clip about proper Hand Hygiene was over in the blink of an eye, can you imagine how long it took to tape a group of 12 children at the young ages of 6 to 12 ? It took two whole days. They would dance, stop when the photographer said “CUT”, and start again in a seemingly endless loop of the same motions. Their legs were sore and their eyes were marred by spoiled makeup. Our parent volunteers kept touching up their makeup and fixing up the girls’ hair buns. Our little stars were tired but proved themselves models of perseverance.

Lui Sek Fai, is the tallest professional health care worker (HCW) in the group. Aged 12, he is also the oldest Cub Scout. During filming, he commented that his eyes turned black from the constant smudging of eyeliner. We consoled him by saying that he truly looked like a black-eyed HCW because of the heavy workload and having to always be on call.



Katie, our tallest bacterium on the day, was very serious about her steps. She practiced her tumbling non-stop during each break. All the bacteria, including **Hang-hang** and **Charmaine**, were very excited when there were close-ups of each of them climbing around a wide-angled camera that captured their fierce look. It was hilarious when they took the shots at the time, but in front of the camera, they showed their fiercest look.



Andrea and **Annica**, the two pinky nurses, said with confidence that they can return to their troop and successfully demonstrate the correct steps of hand hygiene to younger cubs and grasshoppers. Their scout leader (and mother) Ada queried if they could remember the steps. They replied that not only could they demonstrate them from step one to step seven, but could also do so backwards from step seven to step one.

Indeed, all the kids were quite tired towards the end of the second day, and smiles became rare! One healthcare professional in particular possessed the most endearing smile in the eyes of the crew - this was **Natalie**. **Hui-sin**, the head



nurse with a Mona Lisa smile, was awarded the title of ‘Most Elegant Head Nurse’. **Engho** is the youngest among all, and as such, naturally has a shorter attention span. Our dance volunteer teacher, however, praised him as the one showing the biggest improvement in learning the steps.

Throughout these two days, the dance teacher, photographer, scout leader, Isadora and Conita had to utilize different techniques to maintain the kids' full attention to their task. We took shorter shots with more breaks. We brought them all kinds of biscuits and candies as rewards. We sang Scout songs to lighten their spirits during the waiting time. Even Uncle Ronald helped when the kids got excited about the big McDonald tea party that would be held as a final award after the two long days of work.



Conclusions

The whole endeavour of 8 rehearsals crammed into 16 hours and a 2-day video shooting only came about when our Cubs Scout leader, Sammy, accepted the invitation from the HKICNA two months ago to join this once in a life time performance. We received overwhelming responses from our scouts and grasshoppers and ended up with 12 children performing in the event.

"It was definitely a unique experience for our kids to participate in such a meaningful event," said Olivia, **Sing-hei's** mother.



"I know there is at least one kid who fell in love with dancing since the rehearsals," said Raymond with a pride smile, father of the little twin stars, **Hang-hang** and **Yuen-yuen**.

Indeed, not only were the kids excited about the experience, all of the parent volunteers were very devoted as well. We had a team of mothers who managed to simultaneously skillfully apply makeup for the children whilst sharing makeup tips amongst each other. We had a hardworking father who drove for over 1 hour to home and back to fetch the scout uniform for his son, **Lok-sum**. We were most lucky to have **Charmaine's** domestic helper who styled the professional hairstyles on all the girls.



Their first 'Fan'

Right after the last 'CUT' was called by Jason, the kids were escorted by their first fan, a young visitor who just arrived at the hospital, and waited 10 minutes in order to take a photo with the little stars!



Way to Superstar



Eng-ho is checking his own heart beat

Sing-hei acts as Doctor to listen Hang-hang's heart beat



Music Production for Hand Hygiene Dance

Producer: Jessica LUK

Melody and Lyrics: Anna LO, Jessica LUK

Music Composer: Sean M. SINCLAIR



Hailing from Hong Kong and Tulsa, Oklahoma by way of Boston, the writer-producer team of Jessica LUK, Anna LO and Sean M. SINCLAIR first came together as students at Berklee College of Music in Boston, MA. Now Berklee graduates and freelance writer/producer/musicians in their own rights, they have once again teamed up in partnership with Hong Kong Infection Control Nurses' Association for the WHO Hand Hygiene Campaign. They are extremely excited and honored to take part in this meaningful and educational project, and very much appreciate the HKICNA for giving them this opportunity to help bring hand-hygiene awareness to the Hong Kong public. As for also learning the correct way to clean their own hands in the process well that is just one of the perks of the job.



This song depicts the epic battle between the evil germs and our little health care workers (HCW). The ominous sounding opening theme announces the arrival of the evil and cunning germs who are wreaking havoc all around. Meanwhile, as our little HCW are carrying on with their usual duties, they devise a seven-step plan to defeat the wicked germs. As the opening 'germ' theme returns, our little health care army gets ready with their seven-step hand-hygiene strategy and marches into battle. After dealing out the first two moves, the evil germs remain seemingly unshakable as the 'germ' theme returns in the music and continue to terrorize our army. However, our little HCW are undeterred and quickly respond with steps 3 and 4. The evil germs on their part will not go down without a fight and retaliates as the 'germ' theme once again returns. Responding swiftly with steps 5 and 6, our army makes a major advance and significantly weakens the evil germs as heard in the modified and less ominous-sounding 'germ' theme that follows. Step 7 really puts the nail in the coffin and the evil germs are eradicated once and for all. To finish the job properly, we go back and recap the army's seven steps to hygienic victory - and we do it twice, just to be sure.

They have written this song with a simple and catchy melody in hopes that the combination of simple words and music can really help the message of hand hygiene be easily remembered. They hope everyone will find the song fun to learn and sing!



Production Crew of the Hand Hygiene Dance

Producer: The Hong Kong Infection Control Nurses' Association (HKICNA)

Executive Producer: LAM Hung Suet Conita; WONG Lai Ching Isadora

Dance Production

Story Writing: HKICNA Hand Hygiene Workgroup

WONG Lai Ching Isadora; LAM Hung Suet Conita;

CHING Tai Yin Patricia; LEE Suet Yi Shirley;

OR May Chun Agnes; CHENG Ka Lam; KONG Man Ying;

Teresa CHAN; Jessica LUK; YIP; Sammy CHAN; Ada CHEUNG.

Choreographer: YIP

Dancers:

Health Care Professional: CHEUNG Hiu Sin; CHIANG Luk Sum;

CHONG Man Yan; HUI Yan Wun Andrea; HUI Yan Ying Annicia;

LAM Eng Ho; LUI Shek Fai; MAN Sing Hei; MOK Tsz Yuen.

Bacterium: CHAN Cai Min; CHONG Man Hei; MOK Tsz Hang.

Music & Song Production

Producer & Additional Editing: Jessica LUK.

Melody and Lyrics: Anna LO; Jessica LUK.

Music Composer: Sean M. SINCLAIR.

Recording Engineer: Jessica LUK; Sean M. SINCLAIR.

Mix Engineer: Sean M. SINCLAIR.

Vocals: Anna LO; Jessica LUK; Jacqueline WONG;

CHAN Cai Min; CHIANG Luk Sum; CHONG Man Hei;

CHONG Man Yan; HUI Yan Wun Andrea;

HUI Yan Ying Annicia; LAM Eng Ho; LUI Shek Fai;

MOK Tsz Yuen; MOK Tsz Hang.

Video Production

Photographer & Editing: Jason WONG and his team.

潔手七式

你我日常勤力的工作，會接觸到四周的污垢。
切記工作前後要潔手，正確兩手一搓七式很易記。

你我一起發揮好本領，齊來打破細菌的詭計。
注意緊記勤密要潔手，對抗細菌先生七式攪掂晒。

擦擦手掌，HEY! 擦擦手掌，HA! 你一擦，我一擦，清潔唔邈邈；
擦擦手背，HEY! 擦擦手背，HA! 細心擦，去污垢，不要怕麻煩。

擦擦指隙，HEY! 擦擦指隙，HA! 你一擦，我一擦，清潔唔邈邈；
擦擦指背，HEY! 擦擦指背，HA! 你一下，我一下，專心不偷懶。

擦擦拇指，HEY! 擦擦拇指，HA! 你一擦，我一擦，清潔唔邈邈；
擦擦指尖，HEY! 擦擦指尖，HA! 細心擦，去污垢，不要怕麻煩。

擦擦手腕，HEY! 擦擦手腕，HA! 你一擦，我一擦，清潔唔邈邈；
再見細菌了，再見病毒了，愛清潔，免偷懶，七式必緊記。

擦擦手掌，擦擦手背，擦擦指隙，擦擦指背，
擦擦拇指，擦擦指尖，擦擦手腕，七式的確淺易。

擦擦手掌，擦擦手背，擦擦指隙，擦擦指背，
擦擦拇指，擦擦指尖，擦擦手腕，的確好簡單。



Acknowledgement

It is so incredible that the kids only took about 16 hours for the training and rehearsal to prepare for the music video. In addition to their practices at home, both their happy involvement and their parents' support have been invaluable. We deeply thank them, their parents and home helpers, the 229th Hong Kong Group of the Scout Association of Hong Kong, especially Mr Sammy CHAN, Cub Scout Leader & Ms Ada CHEUNG, Assistant Cub Scout Leader for their nice arrangement.

Child photography is widely known as one of the most difficult types of photography, while animal photography is another. We must thank our photographer: Jason and his team, for making the music video such a success.

Special thanks go to our dance teacher: Ms YIP for working hard to choreograph and teach this meaningful dance beautifully. Matching the music and lyrics perfectly was accomplished by Ms Jessica LUK, Ms Anna LO & Mr Sean M. SINCLAIR our volunteer composers – it is highly appreciated.

Last but not the least, we must thank all those who contributed to the video production, especially The Duchess of Kent Children's Hospital at Sandy Bay in support of the venue. Without all of your support, this would not have been possible.



Introduction

14 April 2012 was a big day for nursing and HKICNA, for on this day we joined together to successfully run a community program organized by the Hong Kong Academy of Nursing Preparatory Committee (HKANPC) at the Sha Tin Town Hall Plaza, Shatin. The theme is “Good Health, Adds Years to Life”

The inauguration ceremony was officiated by a panel of special guests.



Activities

This year, there were about 12 booths. HKICNA, as a member of The College of Medical Nursing (HKCMN) held one booth themed at promoting hand hygiene in the community.

Hand hygiene is a single and essential measure for the control and prevention of infection. So, we took this once a year opportunity to run 2 activities to promote hand hygiene, as follows:

1. Skin Moisture Assessment: To assess the skin before and after the use of

alcohol hand rub (AHR), in order to promote hand hygiene using AHR.

2. Survey of patient empowerment on hand hygiene program: To perform a survey to explore if the public was willing to remind health care workers to perform hand hygiene before examining or taking care of them.

Conclusion:

This was the 4th public event joining our nursing colleagues from various specialties together to promote nursing as well as hand hygiene promotion in the community. More nursing colleagues and HKICNA members will be joining next year, and we wish to continue this program in the future.

Acknowledgement

Special thanks goes to JOHNSON & JOHNSON Co Ltd, SARAYA Co Ltd and VICKMAN Co Ltd for sponsoring souvenirs for those joining us at the booth and survey. Moreover, we must thank our ICNs who joined us in running this program. Without their support, this event could not have been such an overwhelming success.



happy together



Survey:



Participants joining us when demonstrating hand hygiene technique



Skin moisture assessment



News and Information

A. Congress / Symposium:

1. International Meeting on Emerging Diseases and Surveillance (IMED)

15-18 February, 2013 Vienna, Austria <http://imed.isid.org/>

2. The 6th International Congress of APSIC (Asia Pacific Society of Infection Control)

10-13, April 2013 Shanghai, China <http://apsic.info/index.php>

3. SHEA Spring 2013 Conference:

1-4 May, 2013 Atlanta, USA <http://www.shea-online.org/>

4. National Conference of CHICA (Community and Hospital Infection Control Association)

1-6 June, 2013 Ottawa , Canada <http://www.chica.org>

5. APIC (Association for Professionals in Infection Control and Epidemiology) Annual Conference

8-10 June 2013 Ft. Lauderdale. USA <http://www.apic.org>

6. 2nd ICPIC (International Conference on Prevention and Infection Control)

25-28 June 2013 Geneva , Switzerland <http://www.icpic.com/index.php/conferences/icpic-2013>

B. Result of Sponsorship & Scholarship

To encourage members to further education and conduct research on infection control, HKICNA organized an exercise to support members to attend the 5th International Conference of Infection Control 24-26 August 2012.

The details of the support is as follows :

SCHOLARSHIP includes :	
a. FULL registration fee at early bird rate	
b. Free participation of Gala Dinner	
c. Coupon / Souvenir costs about \$250	
Applicants must have successful oral / poster presentation	
Successful applicants	
Baptist Hospital	LUK Siu Kuen WONG Yin Yin
DKCH	YAU Yu Ching
St Paul's Hospital	KWOK Doi Kwan
TWEH	CHAN Wai Fong
TWH	HO Yuk Yin

SPONSORSHIP includes :	
a. \$1000 conference registration fee	
Successful applicants	
Baptist Hospital	CHAN Tsz Yan, Cinder
Cannosa	CHAN Man Yin PANG Sing On SIU Po Chun, Elizabeth
CUHK	POON Wai Kwong
HHH	FOK Wai Yi, Fiona
QEH	CHENG Ka Lam
QMH	CHAN Siu Wai CHEUNG Woon Yee, Christina LAM Wai Yee, Wendy
STH	KWOK Man Kee
YCH	CHEUNG Mo Har LEUNG Wai Ching, Carol TANG Hau Ling

In order to have successful reimbursement, the successful applicants have to submit the required documents as indicated in the confirmation letter, before the deadline.

C. Result of Research Grant application 2012-2013

No application has reached HKICNA.

D. Electronic copy of newsletter and updating communication

To be environmentally friendly and conserve energy, HKICNA is determined to improve our electronic communications. We shall start to issue an e-copy of our newsletter to members instead of the paper publication in 2013. Our members are encouraged to visit our website more frequently so as to get the most updated and relevant information. Please inform us of your updated email to ensure communication to all members remains intact.

Our happy together: AGM 2012

Introduction

On the 5th of May this year, we hosted our Annual General Meeting at the World Trade Centre. As you all might know, the 5th of May is a hand hygiene awareness day, so we took this opportunity to raise further awareness of hand hygiene.

As per the previous year, we had 19 tables of members, advisors, speakers, representatives of our sponsors and the collaborating societies of our international conference joining us. From the hard work and wonderful planning of our work group and support by dedicated members such as yourselves, we had an extraordinarily happy evening together.

Advisors, Council and members of AGM dinner work group



registration

Scenic views from the restaurant



Scholarship of Infection Control course 2011 presented to Ms NG Wai Ling, Claudia (RH) by chairman



Seminar

We had a very informative seminar before the AGM, the details are as follows :

- Clinical Waste management in Hong Kong: the past, present and future** - Dr SETO Wing Hong, the Director of the WHO's Collaborating Center for Infection Control and Senior advisor, Infection Control, HA.
- Infection control in developing countries:** Ms CHING Tai Yin, Patricia, our Founding Chair, and honorary Nurse Consultant of the WHO Collaborating Centre for Infection Control, HA

Pre-AGM Seminar



Speaker:
Dr SETO Wing Hong



Moderator:
Ms LEUNG Fat Ying, Annie
(vice chair)



Speaker:
Ms CHING Tai Yin, Patricia



Chairman's report:
Ms LAM Hung Suet, Conita



Financial report Treasurer:
Ms OR May Chun, Agnes

Table prizes, hand hygiene promotion souvenirs and table games

Each of the participants was presented with a table-prize of a supermarket coupon of minimum value \$50. They were also gifted an electric fan that, when turned on, blinks with the words "Hand Hygiene" lit up, as a part of the hand hygiene promotion held on the 5th of May.

*Hand Hygiene awareness: all waving their fans blinking with the words
Hand Hygiene lit up led by Dr SETO and chairman*



enjoying and having fun together with their fans



We had 3 table games and the winners table was awarded with a pack of 12 prizes for them to share. The prizes were P’N Coupons, Maxim Bakery coupons and Arome Bakery coupons.



*Q版估歌仔：
One of the table game: Guessing what song
Tomorrow Singer Joy was singing*

Prizes Presentation to the winners of the table games



Lucky Draws

There were many lucky draws, which contained 70 gifts in total. The special prize this year was a \$1400 cash made into a HKICNA decoration. The most excitement was reserved for the top 5 prizes: two Sony digital cameras, one tablet PC, one iPad 3 and one iPhone 4S. Other prizes included coupons ranging between \$200-1000 in value, \$500 of lucky money, Swarovski ladies Accessories, Agnes b. earrings, Crabtree & Evelyn skin care products, Japanese soap with GOLD, a travel set, various electrical appliances such as the Rasonic 3 layer steam cooker and bread maker, and many more lovely gifts.

Lucky draws



Lucky ones of the draw lots



Top 5 : Two Sony digital camera 55, Tablet PC, I pad 3, I Phone 4S



Acknowledgement

HKICNA would like to thank all our sponsors who supported our AGM and lucky draw this time and all the times before. Thanks to their support that this event has been a resounding success.

This party also networked our members, colleagues, advisors, sponsors and all our collaborating societies. You may have noticed from the photo their enjoyment and the fun that filled their evening. These happy times were vividly captured by our ICN photographer: Mr HO Kai Man, HKICNA must thank him for capturing these priceless moments.

Last but not the least, we have to thank each one of you, including our speakers, advisors, members and all who have unfailingly supported HKICNA, especially those joining us at this happy anniversary. Your involvement has made this day unforgettable.

Acknowledgement: chairman presented souvenirs to advisors, speakers, photographer and game singer



AGM Photographer:
Mr HO Kai Man



Speaker:
Ms CHING Tai yin, Patricia



AGM game singer:
Ms TSUI Yan Lok, Joy and mother



Honorary Auditor:
Mr Jefferson PEH



Honorary IT Advisor:
Mr LAM Yau Him, Grant



Honorary Legal advisor:
Ms Catherine CHEUNG



Advisor and speaker:
Dr SETO Wing Hong



Advisor:
Professor CHUNG Wai Yee, Joanne

Council and advisors cheers to all to wish them all good health and happy forever

Happy together



Happy together





Introduction

On the International Nurses Day, 12 May 2012, the Provisional Hong Kong Academy of Nursing (PHKAN) and the fourteen Academy Colleges were inaugurated at the Lecture Theatre of the Hong Kong Academy of Medicine followed by a dinner for celebration of International Nurses Day at night. The inauguration of the PHKAN symbolizes the initiative and determination of Hong Kong nurses to found the Hong Kong Academy of Nursing with statutory status.

Fellowship under grandfather / grandmother Scheme

First Batch

Infection Control is one of the twelve nursing specialties under the Hong Kong College of Medical Nursing (HKCMN) and the chairman is Ms Winnie CHENG (left at the above photo). On that day, over 1,500 nurses were conferred with Fellowship under the Grand-fathering Scheme. Sixteen infection control nurses had become the first group



of Fellows (Infection Control). Pictures are attached to share with you all this unforgettable and happy moment.

Second Batch

Application for the second batch Fellow Membership under Grand-fathering Scheme has been open and the deadline for application is 30 October 2012. Grandfather / Grandmother are RN / RM with over 15 years in specialized practice within 2 years (on or before 12 May 2014) of the establishment of the Provisional Hong Kong Academy of Nursing (PHKAN).

Among the 15 years of specialty-related experience, 7 years must be in the named specialty (as reflected in the Fellow title in application, e.g. infection control); the last day of experience practicing in the specialty must not exceed 5 years at the time of application; and with demonstrated significant contribution to specialty service development, and in the opinion of the Council, the conduct of his/her practice is consistently good throughout such years and at the time of application.

After Grandfather / Grandmother Scheme

The details will be released later.





Chairman's Report

Dear members of HKICNA,

Firstly, let me report what HKICNA has achieved in 2011. We have:

- Membership to over 600;
- Organised 3 seminars with renowned foreign speakers
- Supported members in attending overseas conferences in Switzerland and Australia, with successful submission, in order to update their knowledge in infection prevention and control, specifically encouraging them to perform research.
- 145 participants in our annual course, with a scholarship award for the top student
- 2 newsletters published that are also available on our website
- Participation in the World Health Carnival held on 4th April 2011 for promoting hand hygiene in the community in conjunction with other nursing specialties, our booth achieving a record attendance of over 900 person times

In addition, in May 2012, HKICNA hyper-linked our website to the WHO's website "Saves lives - clean your hands" to promote Hand Hygiene. Furthermore, from March 2007 to 5 May 2012, the hit count of our website reached 82,978.

Finally, I would like to take this opportunity to thank our advisors, speakers, honorable editors, council members and many others who have given time, energy and valuable advices "to keep our association growing" throughout the years. I would also like to thank all of you for your ever-lasting support. Without you, the HKICNA would not be what it is now.

With very best wishes & good luck to you all.